

ELDER EXERCISE

Please join Community Health Services for our weekly elder exercise program.

Wednesdays

Cloquet Community Center
1720 Big Lake Road

9am - 10am

Featuring monthly speakers, game days and health related curriculum.

Light exercise and a healthy snack will be provided.

For more information, please call 218-878-3790.

For transportation, please call CHRs at 218-878-2128.

